

2018 Running Cavalier Track and Field Camp



This camp is designed for all incoming 2nd graders thru incoming 8th graders. The goal of our camp is to provide a positive atmosphere where children will be taught the basic fundamentals of Track and Field. We will be teaching techniques that will improve speed, strength, and overall skills. Our hope is that we can help individuals become the best overall athletes that he or she can be.

We will cover:

- Sprints
- Middle Distance
- Long Distance
- Field Events
- Relays

The camp will be located at College Park High School

Session 1 **June 4th – 8th**

Session 2 **July 30th-August 3rd**

In the evenings from 6:00 p.m. to 7:30 p.m. @ the College Park Track. Cost is \$80.00 per child, per session, and \$25 for each child after that, per family. Both Sessions combined \$140 per child and \$50 for each child after that per family.

Please make checks payable to William Fairhurst. RSVP wfairhurst@conroeisd.net by scanning over the camp flyer. Free T-Shirt for those who RSVP 1 weeks in advance. Money due first day of camp

Adult t-shirt size (circle): YS YM YL S M L XL

Name: _____ Age _____

Address: _____

City: _____ St: _____ Zip: _____

Phone#: _____ Grade (2018/19): _____

Parents Name: _____

Alternative#: _____ School: _____

Insurance Co & policy# _____

Email: _____ .com

INSURANCE WAIVER Participant's Name _____

Activity: 2018 College Park Track Camp Site of activity: College Park HS In order for your child to participate in the 2018 College Park Track Camp, it is necessary for you to sign this statement indicating your understanding that the district does not carry insurance covering injuries your child may sustain. PARENT PERMISSION AND RELEASE: I authorize my child to participate in the activity described above. By my signature, I am informing CISD that I understand that the District is not responsible for any accident or payments resulting from such accident. In the event of injury to our child, we recognize that the CISD district, its Board of Trustees, its agents and its employees are in no way liable for any injuries, medical expense, or damage and will have no insurance covering our child. I also understand that CISD will not provide transportation to and from the camp regardless of where held. Date This _____ Day of _____, 2018.
