

**KNOX JH**

**Gingham**

**Girls**

**Tryout Packet**

**2019-2020**

Dear Drill Team Candidates and Parents,

Welcome to drill team tryouts! I look forward to meeting each of you and cannot wait for tryouts to begin. This packet is full of information and should answer many of your questions regarding drill team and the procedures for tryouts. Please read through the material carefully before signing and returning the required forms at the **mandatory parent AND candidate informational meeting on March 20, 2019**. Students will **NOT** be permitted to tryout unless this requirement is met.

### Purpose

The purpose of drill team is to promote school spirit by providing entertainment at school football games, basketball games, and pep rallies. We also appear in parades, compete in drill team contests, as well as participating in many other activities throughout the year. Amidst the many practice hours, we always make time to have fun with parties for all occasions.

Members are trained in an extremely structured and disciplined environment while developing dance skills such as flexibility, strength, balance, and poise. Students should also expect to gain self-confidence, leadership skills, and lifetime friendships as a Gingham Girl member. All members are expected to uphold a high standard of moral character and are to be positive role models for their peers inside and outside of school. **Drill team is a time consuming activity requiring extreme dedication and commitment, so please consider the decision to tryout carefully.**

### Class and Practices

Gingham Girls is a PE substitute class and is held during seventh period. The team will dress out Monday-Friday during 7<sup>th</sup> period. The team will stay after school **Monday & Wednesday until 6:00pm**. Officers will practice after school on Tuesday until 6:00pm. Practices are **NOT** optional and excused absences from school are the only acceptable reason for missing practice. There will be **mandatory SATURDAY practices** in the months of September, October, November and January. We also compete during the month of February and March. All contests are mandatory.

### Tryout Forms

The forms listed below are due at the information meeting Wednesday, March 20, 2019.

- A. Drill team application signature page (Please attach picture)
- B. Medical Release for Tryouts
- C. Copy of most recent Report Card or Progress Report

Forms should be submitted in listed order and stapled in the top left-hand corner. There should only be **THREE** pages. **All paperwork is due at the mandatory parent/candidate meeting Wednesday, March 20, 2019 at 6:00pm in the Knox Cafeteria. The front office of your school will NOT accept any forms!!**

### Tryout Procedures

All candidates will spend **THREE** practice sessions learning a dance routine. Practice sessions will be held Tuesday, March 26<sup>th</sup> – Thursday, March 28<sup>th</sup>. Mock tryouts will be Friday, March 29<sup>th</sup> with the formal tryouts on Saturday, March 30<sup>th</sup>. All practice sessions will start promptly at 4:30pm and end at 6:00pm in Gym A (big gym) at Knox Junior High School. Mock tryouts will begin at 4:30pm and end at approximately 8:00pm. The formal tryout will begin at 9:00am and end at approximately 12:00pm. The actual tryouts times may change based on call backs. **All practice sessions are mandatory.**

No previous knowledge or training in drill team is necessary to tryout. The candidates will be taught everything they need to know during practice sessions. However, because of the vigorous nature of the physical activity required of drill team members, each candidate must be in excellent physical condition.

Students must provide their own transportation to and from practice sessions and tryouts. Candidates should be dropped off and picked up at the **back of Knox**.

Dress for practice sessions and tryouts must be comfortable enough to stretch and dance in. **Black leotards and tights are recommended but other black form fitting clothing is allowed.** NO jeans, cutoffs, halter tops, tube tops, midriff tops, jewelry, or gum will be allowed (must be able to wear a normal bra with top and it remain unseen). Jazz shoes, ked-like tennis shoes, or any dance footwear are required and hair must be tied off the face. Inappropriately dressed candidates will be asked to leave practice sessions.

Each candidate will be assigned a tryout number that will be worn during tryouts and will be used to post the results of all candidates who are selected for Gingham Girls membership. **Results will be posted on the Gingham Girls' website, after the conclusion of tryouts.** During tryouts, candidates will be judged on their performance by a panel of three or four highly qualified experts with many years of judging experience in the field of dance. Judging criteria includes showmanship, technique, height/flexibility, memory, and an overall impression. Four candidates will tryout at a time, performing the routine learned at the practice session. There is no predetermined number of members that will be selected; members will be determined by a "natural break" in the scores. Current members are not guaranteed membership. The director will not participate in the judging or score tallying procedure. The entire tryout process will be supervised by C.I.S.D. administration.

All candidates will need to warm up and stretch independently. **Candidates may not leave until dismissed by the director, as the judges may request to see certain candidates more than once.** In this instance, "call backs," will take place after all groups have tried out.

**All practice sessions as well as tryouts are closed to observers.** During tryouts all candidates will be required to stay in the small gym until it is their group's turn to tryout. At that time, they will be escorted into the large gym to tryout, and then returned directly to the small gym. Only the candidates will be allowed to enter either gym during the time of try-outs. Supervision will be provided by school personnel.

#### Mandatory Parent/Candidate Informational Meeting

There will be a mandatory Gingham Girl Information meeting on **Wednesday, March 20, 2019 at 6:00 pm** in the Knox cafeteria. I will give additional details about the Gingham Girl organization as well as answer any questions you may have regarding Gingham Girls.

**\*\*\*\*This meeting is required for every candidate who intends on trying out. Each candidate must be accompanied by a parent or guardian. No exceptions. All forms will be collected at this meeting. Director will not accept forms turned in to the front office of Collins, Wilkerson, or Knox.**

***\*\*\*Please refer to the GG's website for reminders about tryouts\*\*\****

Link: <https://bit.ly/2MeCayp>

I hope this information has been helpful to you in understanding more about drill team and the tryout process. I look forward to meeting you. If you have any questions, please email me at [ssommers@conroeisd.net](mailto:ssommers@conroeisd.net)

Thank you and good luck!!!  
Samantha Sommers

# First Annual Gingham Girls Dance Clinic

Join us for a fun-filled day that includes an age appropriate dance routine led by the Gingham Girls, a delicious lunch, and a commemorative photo and t-shirt! This clinic is for students in 1<sup>st</sup>-8<sup>th</sup> grade who love to dance and want an opportunity to dance with the Knox Junior High Gingham Girls. Each participant will have an opportunity to perform the routine they learned at the end of camp.

**This event is perfect for students who are interested to tryout!!**

**When: Saturday, March 23, 2019**

**10:00 - 2:00**

**DOORS OPEN AT 9:30 AM**

**Where: Knox Junior High School Gyms**

**Cost: \$35 early registration / \$40 after March 18, 2019**

Early registration deadline: Monday, March 18, 2019

**\*\*T-shirt, picture, and lunch are included\*\***

**\*\*Dancers will receive their shirt at the door if paid in full by March 18th\*\***

**\*\*Dancer will receive their shirt at a later date if paid in full after March 18th\*\***

## **How to register:**

- 1) Check your front office for a flyer
- 2) Visit the Gingham Girl Website. Look for the Dance Clinic tab

Link to website: <https://sites.google.com/view/ginghamgirls>

# After Team Tryout Information

## Gingham Girls Orientation and Vendor Night

All candidates selected for membership are required to attend **two mandatory meetings** that will include reading our constitution and ordering dancewear. The Gingham Girls Orientation will be April 15<sup>th</sup> at 6:00pm in the Knox Cafeteria. Vendor Night will be May 8<sup>th</sup> at 6:00pm in the Knox Cafeteria. At this time, dancewear and various accessories will be ordered and paid for. The initial cost of mandatory uniform items will be approximately \$400. Other items will be available to purchase, but are not required uniform items.

## Team Summer Camp

All candidates selected for membership are required to attend summer camp.

Summer camp is **July 24<sup>th</sup> through August 2<sup>nd</sup>** (not including weekends). The cost of camp is \$110. Three days of team camp includes an all-day private camp hosted by Crowd Pleasers Dance. Location and Time: TBA.

## Parent Dues/Fundraising:

As a member of the Gingham Girls, parents will be asked to pay **parent dues of \$250 by May 8, 2019**. These dues are used for competition fees, costumes, and team events. This also includes the member's team game day shirt and team contest shirt. In an effort to keep parent dues at a minimum, as a member of the Gingham Girls, you will be asked to participate in fundraising. These funds are also used for competition fees, costumes, and team events. There are many ways to accomplish the fundraising goal that will be set for the team at a future date. If, for any reason, you are unable to fulfill the above requests, please schedule a parent meeting with the director as soon as possible.

## Physical Forms

All Gingham Girl members will be required to have a completed physical examination form on file with the director dated **on/after April 15, 2019** before they may participate in any type of workout or summer camps. Physical forms will be provided through the school. Your Gingham Girl must have their physical turned in by the first day of the first camp in order to dance.

## Important Dates to Remember **BEFORE** Team Tryouts

March 20: Mandatory Tryout Information Meeting @ 6:00 pm

March 23: Gingham Girls Dance Clinic

March 26-28: Tryout Clinic

March 29: Mock Tryouts

March 30: Formal Tryouts

## Important Dates to Remember **AFTER** Team Tryouts

April 15: Gingham Girls Orientation @ 6:00 pm

April 17: Physical Night at TWCP

May 8: Vendor Night @ 6:00 pm

July 24<sup>th</sup> - August 2<sup>nd</sup>: Summer Camp

# GINGHAM GIRLS TEAM TRYOUTS

Scoring Scale:    Yes: 10-9    Maybe Yes: 8-6    Maybe No: 5-3    No: 2-1

Candidate Number	Showm	Techn	Hei/Flex	Memory	Overall
<h1>Example</h1>					

Scoring Scale:    Yes: 10-9    Maybe Yes: 8-6    Maybe No: 5-3    No: 2-1

Candidate Number	<u>Showm</u>	<u>Techn</u>	<u>Hei/Flex</u>	Memory	Overall
<h1>Example</h1>					

# KJH Gingham Girls Drill Team

## Director Points

Candidate Name: \_\_\_\_\_

Candidate Number: \_\_\_\_\_

<b>Dedication</b>		<b>Score</b>
Missed 0 days per semester-unexcused	10 points	
Missed 1-5 days per semester	5 points	
Missed 9+ days per semester	0 points	

<b>Positive Role Model</b>		<b>Score</b>
-Never assigned DAEP, ISS, BSD/ASD, SD 0 referrals	10 points	
-Never assigned DAEP, ISS -Attended 1-4 BSD/ASD, SD 1-2 referrals	5 points	
Assigned DAEP, ISS -Attended 5+ BSD/ASD, SD 3+ referrals	0 points	

<b>Punctuality/Teamwork</b>		<b>Score</b>
-Academic Performance <u>Tryout Behavior</u> -Responsibility -Self-discipline/Respect/Positive attitude -Spirit/Enthusiasm -Team player/Cooperative/Sportsmanship -Tryout Attendance	All candidates will start with 10 points, points can be deducted from this starting total.	

# Example

**Total Score:** \_\_\_\_\_

Staple

Picture

Here

**Knox JHS Gingham Girls  
Tryout Application  
Signature Page**

**Please visit the Gingham Girls Website to access the  
Tryout Application.**

**You may also find the Tryout Application at the link:  
<https://bit.ly/2TYNu4m>**

**The Tryout Application form is due no later than  
March 20, 2019 at NOON.**

I have read and understand all of the tryout information and rules. I agree to abide by these rules during the Gingham Girl tryout process.

Candidate Signature: \_\_\_\_\_

I have read and understand all of the information and rules. I give my child permission to try out for the Knox JHS Gingham Girls.

Parent Signature: \_\_\_\_\_



# Conroe Independent School District

# Medical Release for Try-Outs

(For cheerleading and drill team use only.)

Student's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_ Student's Social Security: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Student's address: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Employer: \_\_\_\_\_

Father's Cell/Pager: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Employer: \_\_\_\_\_

Mother's Cell/Pager: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Family Physician: \_\_\_\_\_ Office Number: \_\_\_\_\_

### Emergency contact in case parent/guardian cannot be reached:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

### Medical History

Does your child have a previous history of: **Yes No**

Bone/joint injury/disease?.....

Neck injury?.....

Being unconscious/knocked out? .....

Seizures/convulsions?.....

Frequent headaches? .....

Bleeding/blood disorders?.....

Heat illness? .....

Allergies (seasonal, insects)? .....

Allergies (medication)? .....

Heart disease? .....

High blood pressure?.....

Heart murmur? .....

Viral infection (mono)?.....

Eye/vision problems? .....

Missing/non-functioning limb? .....

Asthma?.....

Emotional disturbances? .....

Take medication? .....

Had surgery in the past year? .....

Currently under physicians care?.....

Wearing contacts/glasses?.....

### Insurance Information

Insured's Name: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Group #: \_\_\_\_\_

Policy #: \_\_\_\_\_

PPO or HMO: \_\_\_\_\_

### Explain all *yes* answers:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I hereby understand that this form is for tryout use only and once tryouts are over I must have a complete physical on file in the training room to participate with the squad.

If in the judgment of any representative of the school, the above student should need immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given to the said student by any physician, athletic trainer, nurse, hospital, or school representative; and I do hereby indemnify and save harmless the school and any school representative from any claim by any person whomsoever on account of such care and treatment of said student.

*Note: You will not be covered by the Conroe ISD insurance plan during tryouts. Any injury that occurs will be the responsibility of the parent/guardian.*

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_